



Regulations for Crossings across the Gdansk Bay organized by the Polish Open Water Swimming Association

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General Information

1. The crossing of the Gdańsk Bay organized by the Polish Open Water Swimming Association is officially named the 17 km Gulf of Gdansk Crossing and is a certified event by the international organization World Open Water Swimming Association.
2. The objective of the crossing is to promote open water swimming, Polish open water locations, an active lifestyle, the integration of participants from different regions of Poland, promotion of Polish open water swimming, and the promotion of event partners and sponsors.
3. The organizer of the crossings is the Polish Open Water Swimming Association, located at Tatrzańska 55/57, Apt. 36, 93-219 Łódź, NIP: 7282864582.

§2

Date and Location of the Crossing

1. The 17 km Gulf of Gdansk Crossing takes place from June to September along the route from Hel to Gdynia or Gdynia to Hel.
2. A detailed schedule for the crossing, including exact start times and locations, will be provided in a separate organizational communication. Due to circumstances beyond the organizer's control, such as changing weather conditions, declared epidemiological states, or others, the schedule may be subject to changes.
3. The crossing may take place in a minimum of one direction. This regulation does not specify a maximum limit on the number of crossings.



4. The crossing can be organized for an individual (one person), a pair (2 people in the water), or relay-style (one person in the water, alternating with relay members at specified intervals).
5. The date and route of the swim will be specified in the start permit issued by the Gdynia Port Captaincy.

§3

Registration Rules and Entry Fees

1. Each participant can register for the crossing through the registration form, which can be accessed by clicking on the following link:
<https://forms.gle/CaQ5k8ApDdXaisn69>
2. The number of available slots for a given year is limited.
3. Entry fees are listed in Table 1.
4. The entry fee must be paid to account number:
88 1240 3028 1111 0011 1793 0055
5. In the transfer title, the participant should enter ZG_registration fee_first name_last name.
6. Payment of the entry fee is a prerequisite for approving the participant's registration, and the fee details are outlined in Table 2.
7. The rules for determining the amount of the entry fee depending on the payment deadline are specified in Table 3. Exact amounts are provided in agreement after determining the type of crossing.
8. In the event that an attempt to swim across the Gdańsk Bay fails due to the participant's fault, a refund of 20% of the total fee is established.
9. If the swim across the Gdańsk Bay does not take place due to reasons beyond the organizer's and participant's control, such as adverse weather conditions, a refund of 70% of the paid fee is established.



10. If the attempt to swim across the Gdańsk Bay is interrupted by the participant or the organizer, no refund of the paid fee is foreseen.
11. The entry fee cannot be transferred to another year of the event.
12. As part of the entry fee, the Organizer commits to:
 - Providing a safety boat with a captain,
 - Reporting the crossing to the Maritime Office in Gdynia,
 - Providing a medical or water rescuer during the crossing,
 - Providing an observer during the crossing,
 - Issuing a certificate confirming the participant's compliant swim across the Gdańsk Bay,
 - Recording the swimmer's information in the database of those who successfully swam across the Gdańsk Bay.
13. In the case of additional agreements with sponsors, the Organizer may enhance the starting package with additional gadgets.
14. The Organizer prohibits participants from selling received starting pack.

Table 1 General price list for swims across the Gdańsk Bay as part of the 17 km Gulf of Gdansk Crossing.

One way crossing	Two way crossing	1 person In to the water	2 person In to the water	Relay	Price [zł]
X		X			5 000 zł
X			X		6 000 zł
	X	X			7 000 zł
	X		X		9 000 zł
X				X	6 500 zł
	X			X	8 000 zł

Table 2 General rules for paying entry fees.



DEADLINES	Paiment rules
The first installment of the entry fee	Within 7 days after signing the agreement.
The second installment of the entry fee.	Two months before the first scheduled crossing..
The third installment of the entry fee.	No later than 7 days before the first scheduled crossing.

Table 3 The amount of the entry fee paid.

DEADLINES	Level of fees
The first installment of the entry fee	20% of the total amount
The second installment of the entry fee.	40% całej kwoty
The third installment of the entry fee.	40% całej kwoty

15. Failure to pay fees within the specified deadlines will result in the removal of the participant from the list of swimmers intending to swim across the Gdańsk Bay, without a refund of incurred costs.
16. The final amount of the entry fee is determined by the agreement between the Polish Open Water Swimming Association and the participant(s).
17. The Organizer reserves the right to issue discounts on the entry fee.
18. Participants who wish to participate in the crossing again receive a 10% discount on the subsequent entry.

§5

Required Documents

1. A participant intending to attempt the swim across the Gdańsk Bay must submit the following documents through the registration form:
 - Signed RODO declaration,



2. A participant intending to attempt the swim across the Gdańsk Bay must submit, via email to POWSA (biuropowsa@gmail.com):
 - Signed agreement with the Polish Open Water Swimming Association.
 - Medical certificate confirming no contraindications to attempt the swim across the Gdańsk Bay.
3. The agreement must be submitted no later than 7 days from registering for the crossing.
4. The medical declaration must be submitted no later than 30 days before the first scheduled crossing.
5. Failure to submit the documents within the specified deadlines will result in the removal of the participant from the list of swimmers intending to swim across the Gdańsk Bay, without a refund of incurred costs.

§6

Organizational Matters

1. On the day of the crossing, the swimmer must appear at the pre-determined location and the previously agreed-upon start time.
2. The crossing will commence upon the presence at the starting point of the following individuals: the participant, the assisting person, the medical rescuer/water rescuer, the observer, and the captain with the assisting boat(s).

§7

Swimming Rules

1. The participant begins the crossing with their feet on dry land behind the water line.
2. The participant must raise their hand to signal readiness for the start.
3. The crossing begins upon the signal from the main observer for the specific crossing.
4. At the end of the race, the participant must exit the water on their own and raise their hand, crossing the water line onto dry land.
5. The crossing is considered successful if the swimmer completes the entire distance under their own power.



6. During the swim, the participant is not allowed to touch boats, kayaks, or other floating vessels, even during feeding.
7. In the case of a two-way crossing, before returning, the participant must exit beyond the wave line onto dry land, raise their hand, re-enter the water upon the observer's signal, and start swimming towards Hel. This type of crossing is considered successful when the participant exits beyond the wave line onto dry land under their own power.
8. The crossing will be considered assisted swimming if the participant starts with at least one of the following equipment:
 - Neoprene wetsuit;
 - Watch;
 - Neoprene cap;
 - Swimsuit with legs reaching the thighs or covered shoulders;
 - Two caps.
9. The crossing will be considered unassisted swimming when the participant starts wearing only a swimsuit with legs ending above the thighs and uncovered shoulders.
10. In the case of a high water level and the inability to exit beyond the wave line due to the lack of a beach, the participant must touch a fixed object, dune, or wall marking the boundary between the bay and the land as a sign of completing the race.
11. In a relay, no more than 4 people can swim.
12. Changes in the relay team occur by the next relay member entering the water, followed by the exit of the person who has completed their swim.
13. All rules directly related to swimming are outlined in the regulations specified by WOWSA (World Open Water Swimming Association).
14. Failure to adhere to these rules results in the disqualification of the participant.
15. The number of securing boats and lifeguards during the crossing is determined by guidelines issued by the Maritime Office in Gdynia and the Port Captaincy in Hel.



§12

Final Remarks

1. The crossing takes place regardless of weather conditions (excluding extreme or unprecedented situations not typical for the location where the competition is held).
2. The Organizer, in agreement with the boat captain, observer, and medical rescuer/water rescuer, reserves the right to cancel or interrupt the crossing, as well as make changes to the schedule, if it is deemed that weather changes may pose a threat to the safety of participants or individuals on behalf of the Organizer.
3. The final decision in this regard rests with the organizer.
4. The Organizer, to the fullest extent permitted by applicable law, is exempt from any liability for potential damages caused by participants as a result of participating in the crossing and is released from the obligation to compensate for such damages.
5. Participants participate in the crossing at their own risk. The Organizer, to the fullest extent permitted by applicable law, is exempt from any liability for potential damages, injuries, or health impairments that may result from participation in the crossing and is released from the obligation to compensate for such damages.
6. The Organizer is not responsible for the cancellation of the crossing due to reasons beyond their control and unforeseeable.
7. Matters not covered by this Regulation are resolved by the Organizer.
8. Additional information regarding the crossing and its organization can be found:
 - on the website www.wplawprzezswiat.com
 - on Facebook Aleksandra Bednarek-Wpław Przez Świat
9. The Organizer reserves the right to modify the Regulation.
10. In the event of any changes to its provisions, information will be published on the website www.powsa.com.pl or on the Facebook page of the Polish Open Water Swimming Association.
11. The assessment of cases of swimming not covered by this regulation is made after agreeing on the details of the crossing with the participant(s).



12. The official communication language is Polish or English in the case of conducting the crossing for foreigners. The final interpretation of the provisions of this Regulation lies with the Organizer.